

Trust-Based Relational Intervention[®] (TBRI[®])

What is TBRI®?

Trust-Based Relational Intervention (TBRI) is a holistic, attachment-based, and trauma-informed intervention that is designed to meet the complex needs of vulnerable children. Created by the late Dr. Karyn Purvis, and Dr. David Cross, Rees-Jones Director of the Karyn Purvis Institute of Child Development at TCU, TBRI uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors. TBRI is based on years of attachment, trauma, and neuroscience research, but the intervention has grown out of hands-on work with children who have experienced trauma.

Vulnerable children, or children from "hard places," have changes in their bodies, brains, behaviors, and belief systems. While a variety of parenting strategies may be successful in typical circumstances, children from hard places need caregiving that meets their unique needs and addresses the whole child.



Although TBRI was designed for children who have experienced some type of abuse, neglect, and/or trauma, it has proven to be effective with *all* children. TBRI offers practical tools for parents, caregivers, teachers, or anyone who works with children, to help those in their care reach their highest potential.

"There is HOPE for children from hard places. TBRI WORKS!" –TBRI Practitioner

Trust-Based Relational Intervention can be used in homes, residential treatment facilities, group homes, schools, court rooms, camps, and international orphanages.

TBRI is taught and utilized across 50 states and 34 countries.

Trust-Based Relational Intervention is currently listed on the California Evidence-Based Clearinghouse (CEBC) registry for Child Welfare, and is rated as being "Highly" relevant in the child welfare system based upon the program being designed to meet the needs of children, youth, and families receiving child welfare services.



TBRI® Professional Training

While TBRI is used by parents and caregivers worldwide, the Karyn Purvis Institute of Child Development (KP ICD) focuses their time and resources on training professionals who work with children and families, in order to achieve greater reach and impact.

"TBRI encourages us to practice HUMANITY."

-TBRI Practitioner

If you are a professional and would like to learn more about being trained in TBRI, please visit our website (child.tcu.edu) to find upcoming dates for the following TBRI trainings offered –

Title	e of Training	Length	Description	Prerequisites
TBRI Snapshot		< ½ day	A glimpse into relational trauma & TBRI	N/A
TBRI Overview		1 day	A preview of TBRI principles & strategies	N/A
TBRI & Trauma- Informed Classrooms		2 days	A deeper look at TBRI and how to apply its' principles & strategies in a school setting	N/A
TBRI Practitioner Training 2 Phases		Phase 1 & 2	The ICD's "Flagship" training - This core training experience is designed to prepare practitioners for working with children from hard places and their families	Designed for professionals with comprehensive knowledge & background in working with at-risk children & families
$\stackrel{ }{\rightarrow}$	Phase 1 — Pre-Training (Online)	10 weeks	5 units of online coursework & participation in an Adult Attachment Interview (AAI) to prepare for Phase 2	~Application ~\$3,500.00
	Phase 2 — On-Site Training	5 days	Intensive training combining lecture with practice; focuses on the application & implementation of TBRI	~Successful completion of Phase 1
TBRI Caregiver Training Package *Tool to train others in TBRI		4, 1-day (6-hour) modules	After successful completion of the TBRI Practitioner Training, all TBRI Practitioners may purchase the TBRI Caregiver Training Package, to use to train others within their organization in TBRI.	~Must be a TBRI Practitioner ~\$500.00

For a list of professionals in your area who have completed the TBRI Practitioner Training, check out our "TBRI Practitioner List" on the Purvis Institute's website.