

When you connect to the heart of a child, everything is possible.



If a child needs nurture and I give him structure, I harm his ability to trust me. If a child needs structure and I give him nurture, I harm his ability to grow.



If we can communicate to our children: 'It's you and me against your history,' we have a strong place to begin.



Giving a child a voice is one of the most powerful tools we can give.



Play disarms fear, builds connectedness, and teaches social skills and competencies for life.



A relationship trauma can only be healed relationally.



It is powerful for children to know they are loved and adored even in the midst of their worst behaviors.



You cannot correct or change behavior unless you are connected.

