

# Karyn Purvis Institute of Child Development Camp Trainings Resource Guide

**This guide includes information on the available KPICD resources to assist in the implementation of camps.**

The Karyn Purvis Institute of Child Development (KPICD) and the work of Trust-Based Relational Intervention® (TBRI®) originally began with a camp called Hope Connection. Dr. Karyn Purvis and Dr. David Cross created a respite camp for adopted children in the late 1990s, and from this work, TBRI was developed. Over the next decade, the KPICD was founded, TBRI was formalized, and summer camps continued to occur to meet the needs of adopted children. Soon, the demand for TBRI around the world prevented the continuance of summer camps.

In order to serve a greater number of families, the KPICD began training TBRI Practitioners to host their own camps. Every January for several years, a small group of professionals came to TCU for three days to learn how to conduct their own Hope Connection camps. Participants were given a draft manual (that was never finalized) and sent out to lead camps. Since that time, the KPICD team has grown and the intervention has continued to evolve.

In 2018, students worked to revive the original Hope Connection into a new model called Hope Connection 2.0. This new model focused on meeting the needs of every member of the adoptive family using TBRI. Over the next two years, the camp leadership team at the KPICD facilitated five camps in this revised model. These camps continue to occur once a year in the Fall.

With the revival of camp at the KPICD, the demand for camp training increased. The camp leadership team decided to create resources, based on their expertise in TBRI and camp implementation, to meet the need for Practitioners who want to host their own camps. The hope of this team is that children and families can benefit from this successful model around the world, far beyond the scope of the KPICD's Hope Connection 2.0.

The KPICD is pleased to offer a variety of resources to assist TBRI Practitioners in implementing camps in their areas and organizations so that we can continue to change the world for children.

## **What should I do if I previously attended a camp training hosted by the KPICD?**

If you were previously trained, please contact [hopeconnection2.0@tcu.edu](mailto:hopeconnection2.0@tcu.edu) to determine if your camp could qualify as a TBRI Family Camp. You may be asked to submit specific information, be subject to a fidelity check, and need to purchase updated materials in order to qualify.



# Free Resources

The KPICD has compiled a list of free resources for anyone to use when preparing to create their own camp.

These free resources serve as a launching point if you are considering creating your own camp or wanting to understand what camp implementation might entail. These materials are located on the KPICD website.

Note these free resources do not include adequate materials to create a trauma-informed camp or TBRI Family camp.

## Guide to Camp Basics

includes general guidelines for creating a camp schedule

Sample Schedule

TIME	CAMPERS	PARENTS
8:30	Check-In	Training 8:30-11:00
8:40-9:10	Sensory Group	
9:15-10:00	Nurture Group	
10:00-10:15	Snack and Bathroom Break	
10:15-10:40	Sensory Group	
10:45-11:30	Processing Group	Lunch & Respite 11:00-12:45
11:30-12:15	Lunch	
12:15-12:45	Outside Play	
12:45-1:45	Connecting Activity	Training 1:50-4:00
1:55-2:25	Rotation 1 - Sensory	
2:30-3:00	Rotation 2 - Art	
3:00-3:10	Snack and Bathroom Break	
3:15-3:45	Rotation 3 - Processing	
3:45-4:15	Memory Books	
4:15-4:30	Wrap Up Group	



Sample Schedule  
General layout of a typical camp day

# Trauma-Informed Camp Course

**This course is an on demand, self-guided course designed to help TBRI Practitioners create a trauma-informed camp. It consists of a digital camp manual and four webinars that provide an overview of the principles and practices of implementing a trauma-informed camp.**

If you want to create a camp, this course will help you understand the basics of a trauma-informed camp and how to include those into your camp design. If you already facilitate a camp, this course will help you learn how to incorporate TBRI principles into your camp model.

**Trauma-Informed Camp Goal: To expose staff and families to trauma-informed principles and practices**

## **What is included in this course:**

**Four 15-20 minute webinars covering the four main areas of camp:**

- Staffing - an overview of roles, expectations, and how to train those helping with camp
- Caregiver Training - an overview of things to consider when designing caregiver training and TBRI principles to cover
- Programming - an overview of different camper groups and activities
- Logistics - an overview of how to schedule, organize, and run camp

**Digital Camp Manual that includes the following:**

- An overview of how to recruit and train buddies
- A detailed camp schedule
- An explanation of the different groups at camp
- List and explanation of camp roles
- An overview of caregiver training
- List of research measures

**Cost to access - \$150**

# TBRI Family Camp Model

**If you are interested in creating a TBRI Family Camp replicating the Hope Connection 2.0 camp, please contact your KPICD Outreach Consultant or email [HopeConnection2.0@tcu.edu](mailto:HopeConnection2.0@tcu.edu) for more information.**

**TBRI Family Camp Goal:  
To provide a therapeutic intervention for the whole family  
utilizing TBRI Principles**

